

Voyage Packing List

Adapt and add your own items, and pay particular attention to the vessel-specific kit-lists on the voyage pages. With the exception of the MUST HAVES, err on the side of less is more, and pack as lightly as possible. For items with a '*' see our advice notes overleaf.

***Make sure you pack into a soft, collapsible bag rather than a rigid suitcase.
There is no room to store suitcases on board!***

Must Haves		Add-Ons for Cold Weather Sailing	
Waterproof Jacket & Trousers (if not provided by the ship) *		Balaclava / woolly snood (long scarves can get tangled aloft)	
>2 pairs of quick drying 'bottoms' *		Waterproof gloves and fleecy inners	
>2 long sleeved tops		Additional clothing layers *	
Vest / thermal base layer		Multiple pairs of thick warm socks	
Long-johns / thermal leggings		Add-Ons for Warm Weather Sailing	
Fleece or light jumper		Swimsuit and goggles	
Waterproof boots *		High SPF suncream	
One other pair of shoes (trainers / sandals) *		Shorts	
Underwear *		Beach towel	
Sunglasses & glasses *		Optional	
Medium SPF suncream and lip protection		Camera, batteries, waterproof case	
An appropriate hat (warm / shady)		Personal, Seaman's or RYA Logbook *	
Towel (if not provided by the ship)		Smaller rucksack for shore visits	
Toothbrush & paste, deodorant, shower gel *		A presentable change of clothes for shore visits	
Personal medication (including for seasickness prevention if prone) *		Journal / sketchbook / something to read	
Menstrual products *		Musical instrument *	
Passport, visas, travel tickets * and insurance		AVOID	
Wallet & local currency *		Anything valuable	
Next of Kin contact details		Jewellery (can get lost or cause injury)	
Phone & charger *		HARD SUITCASES!	

Packing List Advice Notes	
ITEM	NOTES
Waterproof Jacket & Trousers	Check with the ship to see if there are sets on board to borrow / hire. If buying your own, there is no need for sailing-specific kit. Hiking waterproofs are absolutely fine for most trips and are often much cheaper.
Clothing choices	Avoid jeans or anything that is slow-drying. Multiple thin layers are preferable to fewer thick ones, and allow you to fine tune.
Underwear	Let's just say it: you don't always need a new set of underwear every day. 4 sets for a week's trip is perfectly fine. Longer voyages will often provide opportunities for laundering your 'smalls' but CHECK LAUNDRY PROVISION before you pack. Always add one extra pair of warm socks.
Choice of footwear	Waterproof boots don't need to be sailing boots. Decent wellies are fine, but avoid short ones. It's a really good idea to take a second pair of shoes, so you can keep one dry pair. Pick comfortable walking trainers or sandals, but avoid open-toed sandals. Trainers are often more comfortable than boots for going up the rigging.
Sunglasses & glasses	All glasses should be on neck lanyards- they're one of the most common losses overboard. If you wear prescription glasses try and bring a spare pair too. Contacts are great but can be tricky to change in a bouncy sea with salty hands.
Toiletries	Bring as little as possible. Anything you do bring try and pack in small containers (which can be refilled from your big bottles at home before each adventure).
Medication & seasickness	Bring your prescription along with any medication. If taking precautions for seasickness, talk to a pharmacist and see here for more advice and information: https://classic-sailing.com/article/will-i-get-seasick/
Menstrual products	Washable menstrual products are fantastic, but sadly laundry opportunities may be very limited. Try to bring disposable menstrual products instead. Please dispose of these sensibly and NOT DOWN THE TOILET!
Travel documents	Check exactly what documents you will need for your countries of travel, and take photocopies of key documents separately in case of loss / theft. Carry details of your travel insurance with you (including medical). Keep the phone number and your policy number saved on your phone and written down. UK citizens see: https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/
Wallet and currency	Write down the phone numbers for cancelling cards and keep these separately in case of loss / theft. If possible, separate your money and cards into two wallets and keep these in different places while travelling.
Mobile phone	Try and keep your phone on and close to hand on the day of embarkation, in case the ship needs to contact you. Make sure you have key phone numbers saved on your phone AND written down elsewhere, including contact details for the ship.
Electrical devices & chargers	Electrical devices brought on board should have waterproof cases and be covered by your travel insurance. Check the ship's kit-list to see if you'll need adaptors.
Logbook	Skippers are happy to sign off your sea time, so bring your logbook if you have one!
Musical instruments	Check with the ship for anything larger than a penny whistle, but the majority are thrilled to have music on board (as long as it doesn't disturb off-watch snoozes!).